

Sunday School Lesson: Kindness

Target Group: Preteens

Theme: Showing God's Love Through Kindness

Scripture:

Ephesians 4:32 (NIV)

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Lesson Focus:

Kindness is a reflection of God's love. When we treat others with kindness, we honor God and show others what it means to be a follower of Christ.

Introduction (Engage Their Hearts):

Start with a question:

"Have you ever had someone do something really kind for you? How did it make you feel?"

Explain that kindness is more than being "nice." It's about showing love in action—even when it's not easy or when the other person may not deserve it.

Story (Biblical Example):

The Good Samaritan - Luke 10:25-37

Jesus told this story to answer the question: *"Who is my neighbor?"*

A man was traveling and got attacked by robbers. Two religious men passed by without helping. Then, a Samaritan—a person normally disliked by the injured man's people—stopped, cared for his wounds, took him to an inn, and paid for his care.

Even though they were different and had no reason to get along, the Samaritan showed kindness through his actions.

Key Takeaway:

Kindness isn't about who deserves it—it's about choosing to love like Jesus.

Discussion Questions:

1. **Why do you think Jesus chose a Samaritan to be the hero of the story?**
2. **What would you have done if you saw the hurt man on the road?**
3. **Can you think of a time when it was hard to be kind? What did you do?**
4. **What are small ways we can show kindness at school, home, or church?**
5. **How does showing kindness help others see Jesus in us?**